



Bulletin 2

Technical information





TrailO

Courses:

Participants start individually on one of the PreO courses:

Elite:

Some of the prominent terrain features were changed because of unexpected maintenance work. Due to this, we had to limit number of tasks to 22.

Classification will be conducted for Open and Para categories (available for disabled participants, in accordance with the Polish and IOF rules).

Event Center -> time station: ~ 60 m

Time station -> PreO START: ~ 170 m

PreO – Elite course: 1,5 km, 22 controls. Time limit: OPEN: 111 min, PARA: 115 min.

Finish -> Event Center: ~ 1,1 km

A – training:

The course is shortened, featuring much simpler tasks, introduction into TrailO. No classification will be conducted for this course.

Event Center -> START: ~ 220 m

PreO – A-training course: 1,6 km, 12 controls. Time limit: 90 min

The course ends in Event Center

Terrain and map:

The competition will take place in a municipal forest area. It features minimal elevation changes and a very good network of paved roads and trails. The competition area includes an unusual terrain – remnants of an old shooting range.

Map:

- ▣ Name: Las Żorek – Tężnia i górki
- ▣ Scale: 1 : 3 000
- ▣ Contour interval 2 m
- ▣ Specification: ISSprOM 2019-2 rev. 6
- ▣ Mapped: autumn 2024
- ▣ Author: Adam Gruca

Course setter: Adam Gruca

Controller & Chief Arbiter: Agnieszka Ćmiel-Gruca

Previous map: Gliwice – Las Żorek – BnO

<https://orienteing.org.pl/pzos/attachment/download/392ddce0-c008-4323-8c55-529fd43aa725>



Zero tolerance:

4 meters, no exceptions. All correct ZERO answers were measured before accepting control point.

Rules:

Competition will be held according to IOF Competition Rules for Trail Orienteering and Polish rules: Przepisy Orientacji Sportowej PZOS z dnia 14.04.2023.

Assistance:

Pushers and punching assistance must be arranged by the participants. Assistants wishing to participate under point XV.5 of the Polish regulations must submit and pay for a separate registration, indicating in the remarks whom they are assisting.

Punching:

Elite:

An electronic system will be used on the course. Each participant will have one card for confirming all answers. Near each decision point, there will be a punching box. Rotate the dial on the right side of the device to select the desired answer, then place your card against it. A message saying 'OK' will appear under the letter if the confirmation is successful.

Participants will not have a paper scorecard. The map includes space for up to 6 backup confirmations in case of a malfunctioning station. Therefore, each participant should bring something to write with.



A – training:

Confirmation of the answers will be done using punches and traditional paper scorecards. After receiving the scorecard, fold it along the dotted line as indicated. To confirm a control point, punch the appropriate answer through both halves of the card simultaneously.

The organizer provides a punch for each participant registered on time in category A. Participants may also use their own punch if they wish.



Touristic Orienteering

Courses:

Touristic orienteering will be held for teams of 1-3 participants in categories:

- ▣ TP – very easy, for beginners in orienteering;
- ▣ TT - easy;
- ▣ TU - intermediate;
- ▣ TZ - difficult

Touristic Orienteering is not suitable for people with disabilities, as it involves off-trail walking.

TP - 3 km, 12 control points, time limit: 110 + 30 minutes

TT - 4 km, 12 control points, time limit: 120 + 30 minutes

TU - 4 km, 12 control points, time limit: 110 + 30 minutes

TZ - 4,5 km, 12 control points, time limit: 110 + 30 minutes

Terrain and maps:

The competition will take place in a municipal forest area with minimal elevation changes and numerous ditches. The terrain includes remnants of a shooting range, visible in the altered landscape.

Basemap:

- ☑ Name: Las Żorek
- ☑ Scale: 1 : 10 000
- ☑ Contour interval 2,5 m
- ☑ Specyfification: ISOM
- ☑ Mapped: autumn 2024
- ☑ Author: Agnieszka Ćmiel-Gruca

Additional maps:

Maps may include sections from various other maps and images, such as orthophotos or lidar scan visualizations.

Each course may receive an incomplete or modified map.

Course setters:

- ☑ Agnieszka Ćmiel-Gruca, courses TZ and TU; Maria
- ☑ Drabek, courses TT and TP.

Scoring rules:

Teams will be assessed based on the scoring and competition rules for PTTK orienteering events, with the following changes in scoring:

- ☑ Missing control point (reduced from 90 to 45);
- ☑ Confirmed false point (reduced from 30 to 15);
- ☑ Change of point confirmation (reduced from 10 to 5).

Rules can be found here: <https://ino.pttk.pl/przepisy/przepisy.php>

Key rules:

- ☑ Best score is 0 and penalty points are given for various imperfections;
- ☑ Flags close enough to correct answer are considered as related points. If you confirm this point instead of proper one, you will get 25 penalty points, but you won't be charged for missing a control point;
- ☑ Flags far away from correct point are false points. If you punch one of those, you will get penalty points for both wrong answer and missing control point (15 + 45 penalty points), so it's much better to punch related control point or no punch at all.
- ☑ You may encounter different types of map modifications (such as missing parts, mirror view etc.).

Punching is done by writing down on participants card by the pen attached to the flag: code from flag + number (or other symbol) of control point from map.